

Let's VALUE THE BLESSINGS OF ALLAH (بَرَكَاتُ اللَّهِ) TIME

Indeed, prayer has been decreed upon the believers a decree of specified times.

(Surah An-Nisa: 4; Ayah: 103)

When we manage our time, we experience positive changes in all areas of life.

- We must spend our time appropriately
- We must be mindful of other's time
- We must be conscientious of the amount of TV / Internet / gaming time
- The best way to spend time effectively is by being organized

CALENDAR 2020

(HIJRI: 1441)

DECEMBER-2019

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SAY NO TO ISRAAF!



JANUARY

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11 - 2nd Saturday | 14 - Bhogi | 15 - Pongal/Sankranti | 26 - Republic Day
01 - New Year Day

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (ﷻ) GADGETS

"And if you should count the favors of Allah (ﷻ), you could not enumerate them. Indeed, Allah (ﷻ) is Forgiving and Merciful."

(Surah An-Nahl: 16; Ayah: 18)

Muslims should manage their lives within their resources and this cannot be done unless they control their greed. Controlling greed becomes more challenging in this era of consumerism where advertising and marketing tactics incite potential customers to buy an item as "new and improved" even if the older model still fulfills their needs.

- Instead of buying multiple devices that perform the same function (laptop, PC, tablet etc.), buy only one device that performs optimally
- Before buying a new version of gadget, sell the old one
- Avoid impulse purchasing
- Consider buying used gadgets

CALENDAR 2020

(HIJRI:1441)

JANUARY

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SAY NO TO ISRAAF!



FEBRUARY



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08 - 2nd Saturday | 21 - Mahashivratri

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (ﷻ) WEALTH

"Rasool Allah (ﷺ) said: 'Whoever wears a garment of pride and vanity in this world, Allah (ﷻ) will clothe him in a garment of humiliation on the Day of Resurrection, then set it ablaze.'"

(Sunan Ibn Majah Book: 32, Hadith: 3738)

Wealth is considered a bounty of Allah (ﷻ) and thus it is not scarce, What is actually scarce is the ability of mankind to utilise the bounties of Allah (ﷻ).

- Bearing in mind that a person with more wealth has more accountability pertaining to how he spends it
- It is *no* to excessive spending on brands and *yes* to narrowing it down to wise spending
- The wealth of a person is not a replica of his class or standard
- The way he carries himself and how humbly he treats others itself is an example of his wealth.

CALENDAR 2020

(HIJRI:1441)

FEBRUARY

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SAY NO TO ISRAAF!



MARCH

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10 - Holi | 14 - 2nd Saturday | 25 - Ugadi
23 - Shab-e-Meraj

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (بَرَكَاتِ) FUEL

"... and pay the due of it on the Day of its reaping, and do not act extravagantly; surely He does not love the extravagant."

(Surah Al-An'am: 6; Ayah: 141)

Transportation is a major source of pollution. Here are some ways in which you can reduce the impact your vehicle has on the environment

- Walk for short trips
- Carpool with your friends to avoid driving alone
- Use public transport
- If you are stopping for more than ten seconds, turn off your car to save fuel

CALENDAR 2020

(HIJRI: 1441)

MARCH

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SAY NO TO ISRAAF!



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2 - Ram Navami | 5 - Babu Jagjivan Ram Jayanti | 10 - Good Friday | 11 - 2nd Saturday
14 - Dr. Ambedkar Jayanti | 06 - Mahaveer Jayanthi | 09 - Shab-e-Barat

FASTING DAYS OF THE MONTH
RAMZAN AYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (بَرَكَاتُ اللَّهِ) SPEECH

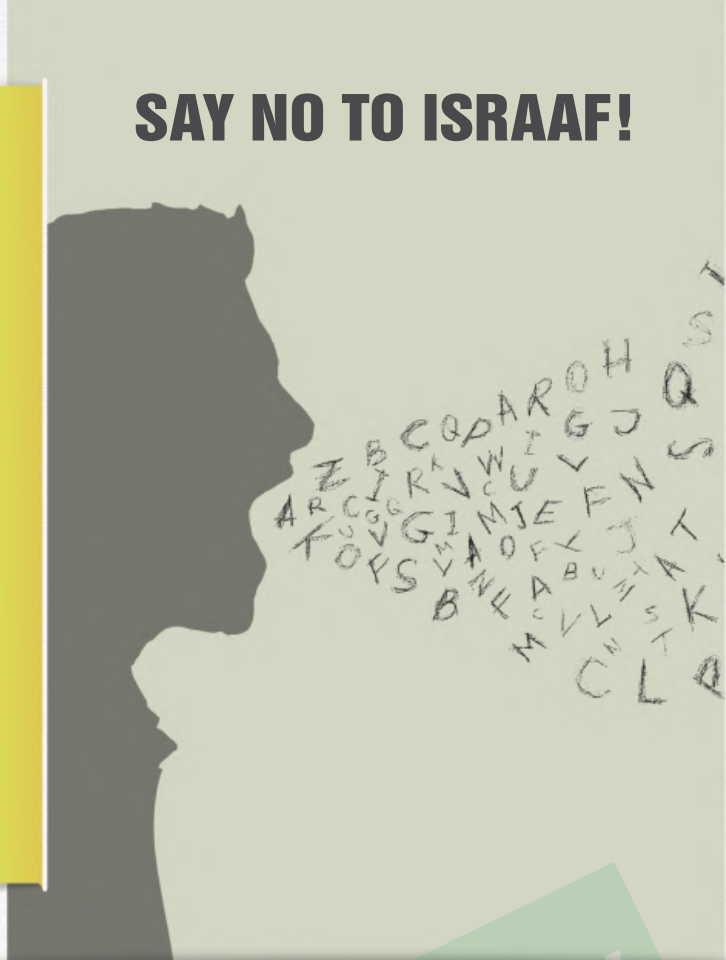
Man does not utter any word except that with him is an observer prepared (to record).

(Surah Qaf: 50; Ayah: 18)

The words we write or speak to others can leave a huge impact and create a lasting memory, which is why it is important that:

- We must always speak the truth, even in difficult situations
- We must always speak up for those who cannot speak for themselves
- We must always speak politely, even when angry or displeased
- We must never use hurtful words and obscene language

SAY NO TO ISRAAF!



CALENDAR 2020

(HIJRI:1441)

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01 - May Day | 07 - Buddha Purnima | 09 - 2nd Saturday | 22 - Jumat-ul-Vida
25 - Eid-ul-Fitr | 26 - Next Day of Eid-ul-Fitr | 21 - Shab-e-Qadr

FASTING DAYS OF THE MONTH
RAMZAN

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

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let's VALUE THE BLESSINGS OF ALLAH (ﷺ) WEDDING

Rasool Allah (ﷺ) said, "The best wedding is that upon which the least trouble and expense is bestowed".

(Mishkat - Musnad Ahmed, Hadith: 24529)

Marriages should be simple and performed as per Sunnah. We can prescribe to the words of Rasool Allah (ﷺ):

- Keep a simple menu
- Invite only close family and friends
- Ask our relatives to donate to charity instead of giving gifts to the bride and groom
- Perform Nikah at Masjid and leave thereafter

CALENDAR 2020

(HIJRI:1441)

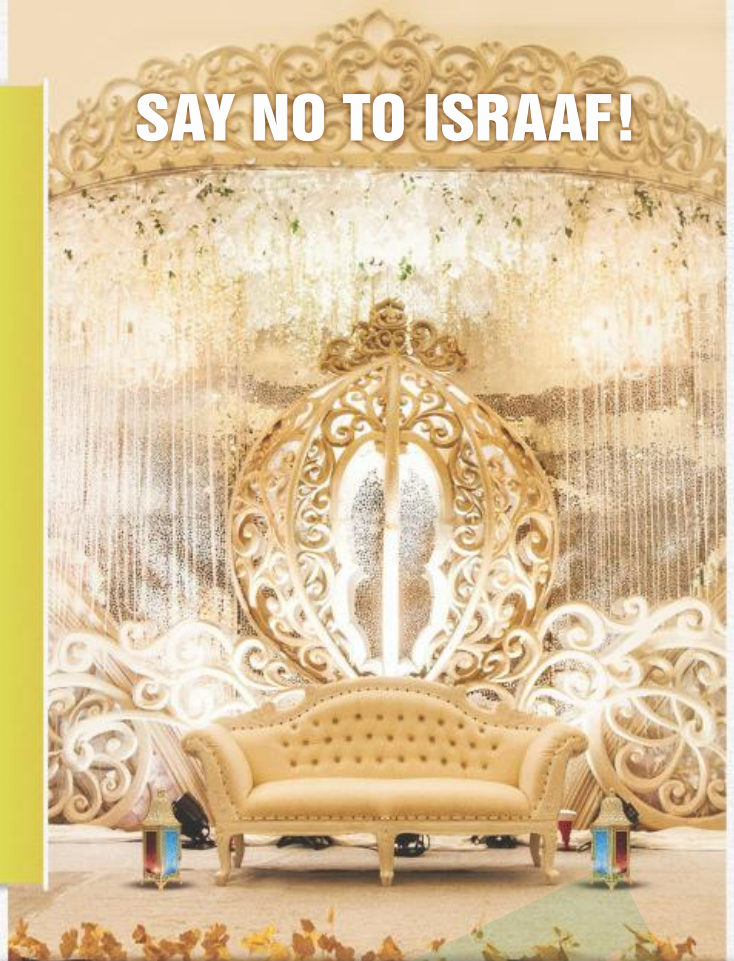
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SAY NO TO ISRAAF!



JUNE

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02 - Telangana Formation Day | 13 - 2nd Saturday

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJJ

let's VALUE THE BLESSINGS OF ALLAH (ﷻ) WATER

Rasool Allah (ﷺ) passed by Sa'd (رضي الله عنه) when he was performing ablution, and said: "What is this extravagance?" He replied: "Can there be any extravagance in ablution?" Rasool Allah (ﷺ) said: "Yes, even if you are on the bank of a flowing river."

(Sunan Ibn Majah Book: 1, Hadith: 460)

The world today is facing an acute water crisis, we can contribute to water conservation by:

- Turning off the tap while brushing teeth or performing Wadhu
- Watering plants with water leftover from cooking
- Using a rain barrel to save runoff water from our roof
- Check faucets and pipes for leaks
- Rain water harvesting

CALENDAR 2020

(HIJRI: 1441)

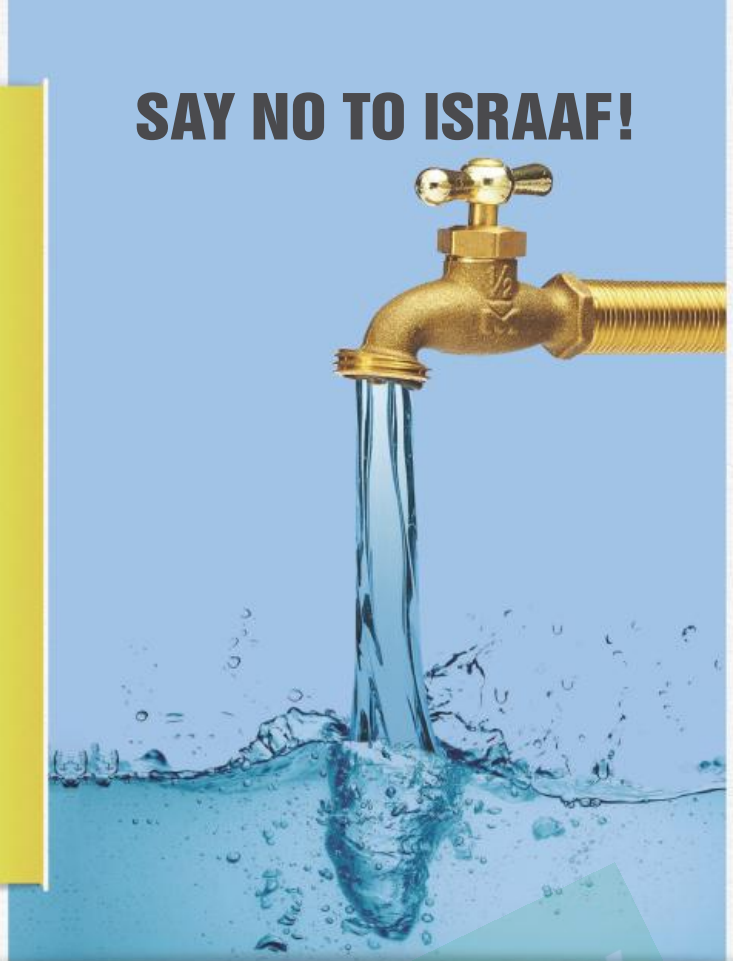
JUNE

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SAY NO TO ISRAAF!



JULY

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11 - 2nd Saturday | 19 - Bonalu

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (بَرَكَاتِ) FOOD

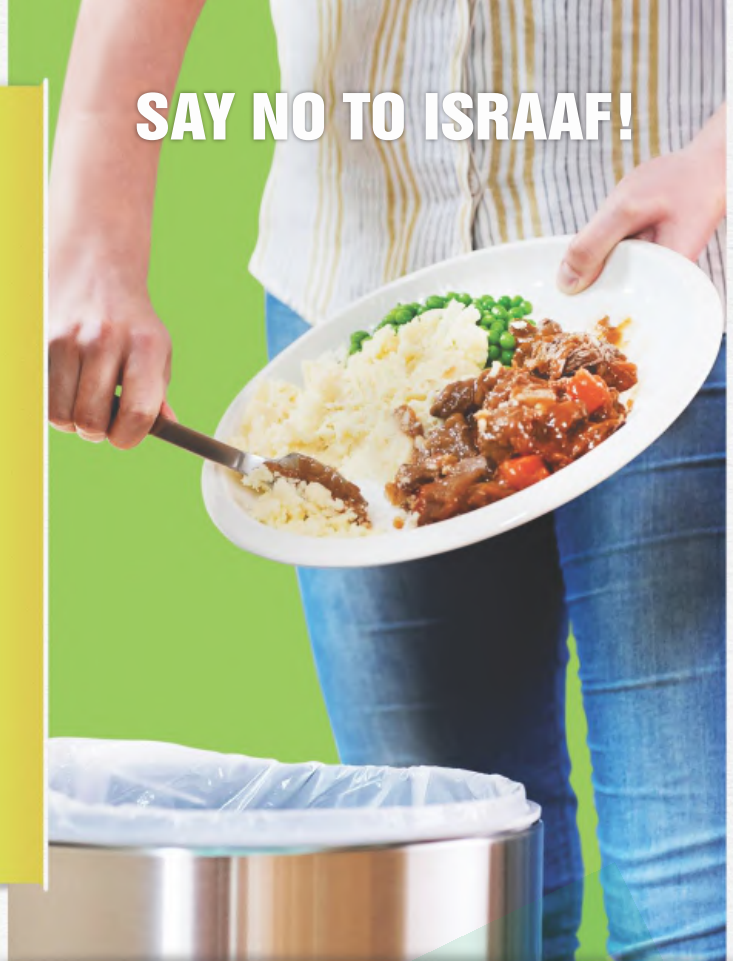
O children of Adam! attend to your embellishment at every time of prayer, and eat and drink and be not extravagant; surely He does not love the extravagant.

(Surah Al-Araf: 7; Ayah: 31)

Wastage of food, simply stated, means a waste of natural resources. From the soil, water, farm inputs, to fossil fuels – all the resources that have gone into the food production also get squandered. We can reduce food wastage by:

- Donating leftover food to those who need it the most
- Shopping for only what we know we'll consume
- Cooking proportionately
- Preserving food for later consumption

SAY NO TO ISRAAF!



CALENDAR 2020

(HIJRI: 1441-42)

JULY

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AUGUST

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01 - Eid-ul-Adha | 03 - Raksha Bandhan | 08 - 2nd Saturday | 12 - Janmashtami
15 - Independence Day | 22 - Ganesh Chaturthi | 30 - Ashura (10th Muharram)

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (ﷻ) ENTERTAINMENT

Al-Darimi reported: Abu Huraira, may Allah be pleased with him, said, "I have divided the night into three parts. I sleep in a third of it, I stand in prayer for a third of it, and for a third of it I recall the traditions of the Messenger of Allah, peace and blessings be upon him."

(Sunan Al-Darimi: 264)

In another Hadith, Musa al-Kazim (ؑ) says;

"Try that your [daily] time is divided into four segments:

- A time for praying to Allah (ﷻ)
- A time for earning livelihood.
- A time for socializing with brethren and trustworthy [friends] who would point out your [moral] weaknesses and be sincere [in their friendship with you].
- A time exclusively devoted for non-haram pleasure [with the family]. It is with this [fourth] time segment that you will be able to maintain (or master) the other three times

CALENDAR 2020

(HIJRI:1442)

AUGUST

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SAY NO TO ISRAAF!



SEPTEMBER

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12 - 2nd Saturday

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (بَرَكَاتُ اللَّهِ) PAPER

There was for (the tribe of) Saba' in their dwelling place a sign: two (fields of) gardens on the right and on the left. (They were told), "Eat from the provisions of your Lord and be grateful to Him. A good land (have you), and a forgiving Lord."

(Surah Saba: 34; Ayah: 15)

Around the world we use 1 million tons of paper every day and 93% of paper comes from trees alone. Paper also accounts for half of municipal solid waste. By reducing our paper usage, we will be contributing towards preservation of plant life as well as restoration of the environment. We can reduce our paper footprint by:

- Using a sheet of paper on both sides
- Using digital files for information sharing rather than paper copies
- Avoid using paper plates and paper cups
- Using handkerchiefs instead of tissues

CALENDAR 2020

(HIJRI:1442)

SEPTEMBER

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SAY NO TO ISRAAF!



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02 - Gandhi Jayanti | 10 - 2nd Saturday | 16 - First Day of Bathukamma
24 - Dhurga Ashtami | 25 - Vijaya Dashami (Dussehra) | 30 - Milad-un-Nabi

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (ﷻ) ELECTRICITY

Do not keep the fire burning in your homes when you go to bed.

(Al-Bukhari and Muslim) 18/1652

When we consume less power, we reduce the amount of toxic fumes released by power plants, conserve the earth's natural resources and protect ecosystems from destruction. We can contribute to a healthier and happier world by taking the following steps to reduce our energy intake

- Switch off lights and fans when they are not in use
- Unplug gadgets when not in use
- Use energy efficient appliances
- Replace traditional incandescent light bulbs with LEDs

CALENDAR 2020

(HIJRI:1442)

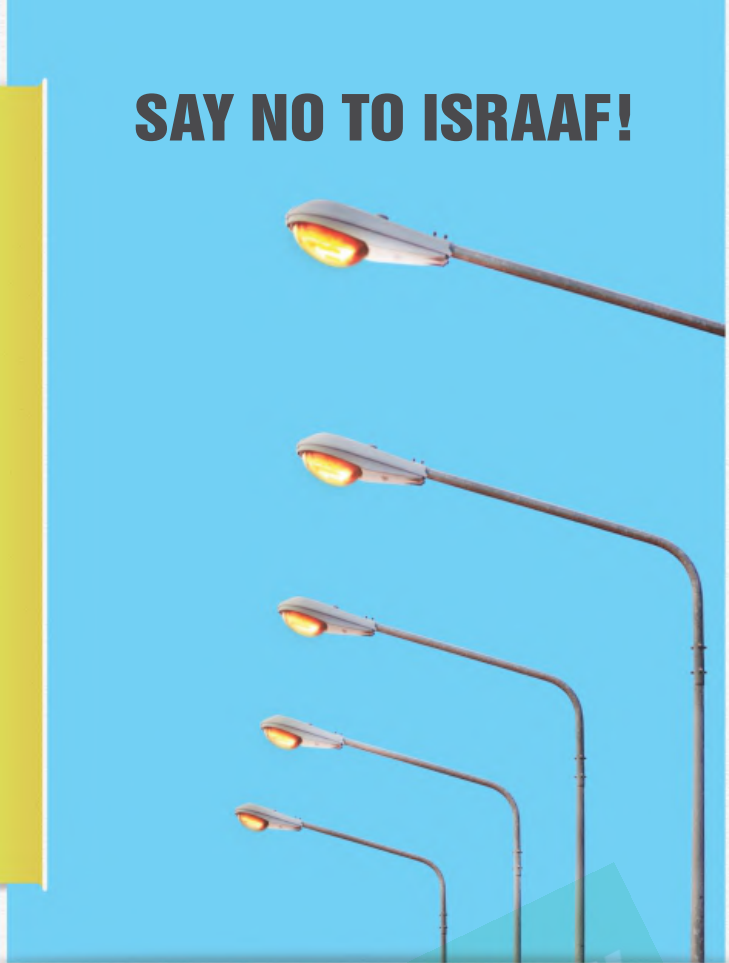
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DECEMBER

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

SAY NO TO ISRAAF!



NOVEMBER

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

14 - Deepavali / 2nd Saturday | 30 - Guru Nanak Jayanti / Kartika Purnima

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWVAL - RABI US SAANI - JAMADI UL AWVAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJ

let's VALUE THE BLESSINGS OF ALLAH (بَرَكَاتِ) MONEY

Hazrat 'Ali (ؓ) says,

"The extravagant have three qualities; he eats more than required, he wears more than is suitable for him and buys things needlessly."

We buy things we don't need with money we don't have.
Do not buy things you don't need, say no to impulse buying.
We all experience being spendthrift in the market as a result of which, we end up buying things we don't necessarily need.
Here's what we can do to practice spending mindfully

- Know what you are going to buy before you leave your house and set a budget
- Before you shop, research what items you need will cost at different stores
- Take advantage of discounts and deals at the store

SAY NO TO ISRAAF!



CALENDAR 2020

(HIJRI:1442)

NOVEMBER

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

JANUARY-2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| 31 | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

DECEMBER

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

12 - 2nd Saturday | 25 - Christmas Day
26 - Boxing Day

FASTING DAYS OF THE MONTH
AYYAM-E-BEEZ

ISLAMIC MONTHS: MUHARRAM - SAFAR - RABI UL AWWAL - RABI US SAANI - JAMADI UL AWWAL - JAMADI US SAANI - RAJAB - SHABAN - RAMZAN - SHAWWAL - ZEE QAD - ZIL HAJJ